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Rock Cress
Arabis caerulea

Height: 6 inches

Spread: 18 inches

Sunlight: ☀

Hardiness Zone: 3

Other Names: Wall Cress

Description:

Captivating flowers in shades of lilac cover this low growing lacy groundcover in the spring; it is perfect for rock gardens, border edges, and quite lovely massed in sunny naturalized areas

Ornamental Features

Rock Cress is smothered in stunning lightly-scented lilac purple daisy flowers with gold eyes at the ends of the stems from mid to late spring. Its attractive small deeply cut ferny leaves remain green in color throughout the year.

Landscape Attributes

Rock Cress is a dense herbaceous evergreen perennial with a ground-hugging habit of growth. It brings an extremely fine and delicate texture to the garden composition and should be used to full effect.

This plant will require occasional maintenance and upkeep, and should only be pruned after flowering to avoid removing any of the current season's flowers. It is a good choice for attracting bees to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. It has no significant negative characteristics.

Rock Cress is recommended for the following landscape applications;

- Rock/Alpine Gardens
- Border Edging
- General Garden Use
- Groundcover
- Container Planting



Rock Cress in bloom
Photo courtesy of NetPS Plant Finder



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Planting & Growing

Rock Cress will grow to be only 6 inches tall at maturity, with a spread of 18 inches. Its foliage tends to remain low and dense right to the ground. It grows at a slow rate, and under ideal conditions can be expected to live for approximately 10 years. As an evergreen perennial, this plant will typically keep its form and foliage year-round.

This plant should be grown in a location with partial shade. Keep it away from hot, dry locations that receive direct afternoon sun or which get reflected sunlight, such as against the south side of a white wall. It prefers dry to average moisture levels with very well-drained soil, and will often die in standing water. It may require supplemental watering during periods of drought or extended heat. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution, and will benefit from being planted in a relatively sheltered location. Consider applying a thick mulch around the root zone in both summer and winter to conserve soil moisture and protect it in exposed locations or colder microclimates. This species is not originally from North America. It can be propagated by division.

Rock Cress is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. Because of its spreading habit of growth, it is ideally suited for use as a 'spiller' in the 'spiller-thriller-filler' container combination; plant it near the edges where it can spill gracefully over the pot. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.

Moana Lane Garden Center & Corporate Office
1100 W. Moana Lane
Reno, NV 89509
(775) 825-0600
(775) 825-0602 - Corporate Office

South Virginia St. Garden Center
11301 S. Virginia Street
Reno, NV 89511
(775) 853-1319

Pyramid Way Garden Center
3397 Pyramid Way
Sparks, NV 89431
(775) 425-4300

Landscape Services & Design Center
1190 W. Moana Lane
Reno, NV 89509
(775) 825-0602 ext. 134
NV Lic. #3379A, D & CA Lic. #317448

www.moananursery.com