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Jack Frost Bugloss

Brunnera macrophylla 'Jack Frost'

Plant Height: 12 inches

Flower Height: 16 inches

Spread: 18 inches

Spacing: 14 inches

Sunlight: ● ●

Hardiness Zone: 2

Other Names: Siberian Bugloss

Ornamental Features

Jack Frost Bugloss features airy cymes of sky blue flowers with yellow eyes at the ends of the stems from early to late spring. The flowers are excellent for cutting. Its attractive heart-shaped leaves remain dark green in color with showy silver variegation throughout the season.

Landscape Attributes

Jack Frost Bugloss is an herbaceous perennial with a mounded form. Its relatively coarse texture can be used to stand it apart from other garden plants with finer foliage.

This is a relatively low maintenance plant, and should be cut back in late fall in preparation for winter. It has no significant negative characteristics.

Jack Frost Bugloss is recommended for the following landscape applications;

- Mass Planting
- General Garden Use
- Groundcover
- Container Planting



Jack Frost Bugloss foliage
Photo courtesy of NetPS Plant Finder



Jack Frost Bugloss flowers
Photo courtesy of NetPS Plant Finder

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Planting & Growing

Jack Frost Bugloss will grow to be about 12 inches tall at maturity extending to 16 inches tall with the flowers, with a spread of 18 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 14 inches apart. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in partial shade to full shade. Keep it well away from hot, dry locations that receive direct afternoon sun or which get reflected sunlight, such as against the south side of a white wall. It requires an evenly moist well-drained soil for optimal growth. It may require supplemental watering during periods of drought or extended heat. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone in both summer and winter to conserve soil moisture and protect it in exposed locations or colder microclimates. This is a selected variety of a species not originally from North America. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Jack Frost Bugloss is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers and foliage against which the thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.



Jack Frost Bugloss in bloom
Photo courtesy of NetPS Plant Finder

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