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Russian Sage

Perovskia atriplicifolia

Plant Height: 3 feet

Flower Height: 4 feet

Spread: 3 feet

Spacing: 30 inches

Sunlight: ☉

Hardiness Zone: 3

Description:

1995 Perennial Plant of the Year. Vigorous, woody, drought tolerant perennial with spikes of smoky, lavender blue flowers. Grey green leaves are fragrant when rubbed. Cut back hard in late winter.

Ornamental Features

Russian Sage features delicate spikes of lavender flowers rising above the foliage from early summer to mid fall. The flowers are excellent for cutting. Its attractive fragrant narrow leaves emerge silver in spring, turning grayish green in color throughout the season.

Landscape Attributes

Russian Sage is an herbaceous perennial with an upright spreading habit of growth. It brings an extremely fine and delicate texture to the garden composition and should be used to full effect.

This is a relatively low maintenance plant, and is best cut back to the ground in late winter before active growth resumes. It is a good choice for attracting butterflies to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. It has no significant negative characteristics.

Russian Sage is recommended for the following landscape applications;



Russian Sage in bloom
Photo courtesy of NetPS Plant Finder



Russian Sage flowers
Photo courtesy of NetPS Plant Finder



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- Mass Planting
- General Garden Use
- Naturalizing And Woodland Gardens

Planting & Growing

Russian Sage will grow to be about 3 feet tall at maturity extending to 4 feet tall with the flowers, with a spread of 3 feet. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 30 inches apart. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant should only be grown in full sunlight. It prefers dry to average moisture levels with very well-drained soil, and will often die in standing water. It may require supplemental watering during periods of drought or extended heat. It is not particular as to soil type, but has a definite preference for alkaline soils. It is highly tolerant of urban pollution and will even thrive in inner city environments. Consider applying a thick mulch around the root zone in both summer and winter to conserve soil moisture and protect it in exposed locations or colder microclimates. This species is not originally from North America.



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