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### Walker's Low Catmint

*Nepeta x faassenii* 'Walker's Low'

Plant Height: 12 inches

Flower Height: 16 inches

Spread: 12 inches

Sunlight:

Hardiness Zone: 3

#### Description:

A top performing, Perennial Plant of the Year. Small, purple flowers above aromatic, gray-green leaves from June to October. Shear after flowers fade to promote rebloom.

#### Ornamental Features

Walker's Low Catmint has masses of beautiful spikes of lightly-scented royal blue flowers with lavender overtones rising above the foliage from late spring to early fall, which emerge from distinctive rose flower buds, and which are most effective when planted in groupings. Its small fragrant pointy leaves remain grayish green in color throughout the season.

#### Landscape Attributes

Walker's Low Catmint is a dense herbaceous perennial with a mounded form. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This plant will require occasional maintenance and upkeep, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting butterflies to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Self-Seeding



*Walker's Low Catmint in bloom*  
Photo courtesy of NetPS Plant Finder



*Walker's Low Catmint flowers*  
Photo courtesy of NetPS Plant Finder

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Walker's Low Catmint is recommended for the following landscape applications;

- Mass Planting
- Border Edging
- General Garden Use
- Container Planting

#### **Planting & Growing**

Walker's Low Catmint will grow to be about 12 inches tall at maturity extending to 16 inches tall with the flowers, with a spread of 12 inches. Its foliage tends to remain dense right to the ground, not requiring facer plants in front. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in full sun to partial shade. It is very adaptable to both dry and moist locations, and should do just fine under typical garden conditions. It may require supplemental watering during periods of drought or extended heat. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. Consider applying a thick mulch around the root zone in both summer and winter to conserve soil moisture and protect it in exposed locations or colder microclimates. This particular variety is an interspecific hybrid. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Walker's Low Catmint is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers against which the thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.



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